



**Welcome to the Onehunga Swimming Club  
Team One Newsletter 4<sup>th</sup> Quarter 2009**

Hi members, welcome to the 4<sup>th</sup> quarter/term of 2009. Hopefully there will be warmer weather to come!

**The elected 2009/2010 Club Committee and Coach details are displayed on the notice boards and on our website:  
[www.onehungaswimmingclub.co.nz](http://www.onehungaswimmingclub.co.nz).**

**2009 Rotorua Training Camp**

The Onehunga Swimming Club's training camp was held in Rotorua from Monday 5th October to Saturday 10th October 2009. Swimmers trained towards upcoming meets such as Regional and Level meets.

**2010 Training Camp**

The 2010 training camp will be held in Cambridge, Waikato from Monday 11 January to Saturday 16 January 2010. The camp includes nine sessions and a day-out. If interested, please contact the key people or speak to your coach directly. Refer to the camp poster displayed on the notice boards.

Key people:

- Coach - Dmytriy Kalachov  
kiwisalo@hotmail.com
- Camp Organiser - Mata Vaotu'ua  
vaomata@hotmail.com

**Onehunga Level 2**

Please keep this date open as our level 2 meet will be held on Saturday 7 November 2009 at West Wave Aquatics. We would appreciate help from All Parents (Level 1, 2 & 3) for this Meet. The

Volunteer Coordinator will organise the work list for this meet and further details will be emailed and displayed on the notice boards

**Entries for Meets**

All meet entries for Levels, Regional and Nationals must be received before the Onehunga closing dates, as it allows our Club Handicapper sufficient time to submit entries to Auckland Swimming or Swimming NZ and also avoids the disappointment of swimmers missing out.

**Christmas Team ONE Club Night**

This event will be held at Jellicoe Pools on Saturday 28 November 2009 at 6pm. Late entries from club members can not be accepted after the closing date. Please ensure the correct procedure is followed when entering. Remember, the points from club night events go towards club championship totals.

**2009 NZ Short Course Champs, Christchurch**

We had a group of three swimmers - Thomas Kocks, Shaquile Vaotu'ua and Terry Kim compete in this event held in Christchurch from Sunday 27 September to Wednesday 30 September 2009.

The results as follows:

- Thomas Kocks – PB's  
50 & 100 Free - Preliminary
- Shaquile Vaotu'ua – PB's & Medals  
100 Breast – Preliminary & Finals – SILVER  
200 Breast – Preliminary & Finals – SILVER  
50 Breast – Preliminary & Finals – SILVER  
50 Free - Finals - BRONZE

- Terry Kim – PB's  
200 Breast – Preliminary & Finals  
50 Breast - Preliminary

### Sea Swim

These are important fundraising opportunities for the club. The first is the Herne Bay Sea Swim on Sunday 22 November, and the second is the

Chelsea Sea Swim on Sunday 6 December. Contact Vanda Kocks (OSC Treasurer) for volunteering on these dates. Please watch our noticeboards for more information.

Date:Year2009	Event
31 <sup>st</sup> October	WAQ Level 1
1 <sup>st</sup> November	Auckland Distance Champs
7 <sup>th</sup> November	ONE Level 2 (This meet is our own fundraising meet – calling for all volunteers please)
8 <sup>th</sup> November	Level 3
14 <sup>th</sup> November	WHL Level 1
15 <sup>th</sup> November	WAQ Hot 50's
21-22 November	Auckland Juniors Champs

Check our websites for more information:

[www.akswim.co.nz](http://www.akswim.co.nz)

[www.swimmingnz.org.nz](http://www.swimmingnz.org.nz)

[www.onehungaswimmingclub.co.nz](http://www.onehungaswimmingclub.co.nz)

Memberships: [registrar@onehungaswimmingclub.co.nz](mailto:registrar@onehungaswimmingclub.co.nz)  
President:  
PO Box 13879  
Onehunga

0211378776

Clubrooms: Onehunga AquaSport  
Park Gardens  
Onehunga



## **To all members**

Onehunga Swimming Club is moving to a pay before you swim policy from 01 November 2009. We will also be moving to electronic payment.

In the first place, we will begin with the squads in Epsom. As you may know, there has been some restructuring of the squads at Epsom because some people have left, but also to align performance and frequency of training.

This process began more than a year ago and the squads at Epsom are now made up of level 2 and level 1 swimmers only. Level 3 swimmers swim at Jellicoe. Many of the squads (eg mini-squad B) that had one-hour sessions have now been moved to two-hour sessions. There has been a noticeable improvement in performance.

Historically, the payment for squads at Epsom depended on age and other factors, but now the payment is being aligned so that people training in the same squads with the same coach pay the same fee. This means that the monthly fee some people have been paying has been incorrect (in a few cases overpayment but in general underpayment). The discount for prompt payment has also not been equally applied. In order to fix these issues once and for all the following will apply at Epsom from 01 November:

1. All swimmers in a given squad have the opportunity to swim a set number of classes each week. Regardless of the number of times that they swim, the fee will be the same.
2. There will be no discount for prompt payment; we expect people to pay on time.
3. Most swimmers are actually swimming more hours and it is clear who is in which squads.

## **Onehunga Swimming Club Committee**

If you have any queries, please see David Mair (021 708 021)